Fitnest Childcare Safeguarding

Safeguarding Policy

## Purpose of the policy

Fitnest Childcare works with children and families as part of its activities.

The purpose of this policy statement is:

* to protect children and young people who receive Fitnest Childcare’s services. This includes the children of adults who use our services
* to provide parents, staff and volunteers with the overarching principles that guide our approach to child protection.

This policy statement applies to anyone working on behalf of Fitnest Childcare, including senior managers and the board of trustees, paid staff, volunteers, sessional workers, agency staff and students.

This policy does not cover:

* Sexual harassment in the workplace – this is dealt with under FITNEST CHILDCARE’s Anti Bullying and Harassment Policy[[1]](#footnote-1)
* Safeguarding concerns in the wider community not perpetrated by FITNEST CHILDCARE or associated personnel

## What is safeguarding?

In the UK, safeguarding means protecting peoples' health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect[[2]](#footnote-2)

In our sector, we understand it to mean protecting people, including children and at risk adults, from harm that arises from coming into contact with our staff or programmes.

Further definitions relating to safeguarding are provided in the glossary below.

## Scope

* All staff contracted by Fitnest Childcare
* Associated personnel whilst engaged with work or visits related to [FITNEST CHILDCARE], including but not limited to the following: consultants; volunteers; contractors; programme visitors including journalists, celebrities and politicians

1. **Legal framework**

This policy has been drawn up on the basis of legislation, policy and guidance that seeks to protect children in England. A summary of the key legislation and guidance is available from nspcc.org.uk/childprotection.

## Policy Statement

Fitnest Childcare believes that everyone we come into contact with, regardless of age, gender identity, disability, sexual orientation or ethnic origin has the right to be protected from all forms of harm, abuse, neglect and exploitation. Fitnest Childcare will not tolerate abuse and exploitation by staff or associated personnel.

We believe that:

* Children and young people should never experience abuse of any kind
* we have a responsibility to promote the welfare of all children and young people, to keep them safe and to practise in a way that protects them.

**We recognise that:**

* the welfare of the child is paramount
* all children, regardless of age, disability, gender reassignment, race, religion or

belief, sex, or sexual orientation have a right to equal protection from all types of

harm or abuse

* some children are additionally vulnerable because of the impact of previous

experiences, their level of dependency, communication needs or other issues

* working in partnership with children, young people, their parents, carers and other

agencies is essential in promoting young people’s welfare.

**We will seek to keep children and young people safe by:**

* valuing, listening to and respecting them
* appointing a nominated child protection/safeguarding lead, a deputy child

protection/safeguarding lead and a lead trustee/board member for safeguarding

* developing child protection and safeguarding policies and procedures which reflect

best practice

* using our safeguarding procedures to share concerns and relevant information with

agencies who need to know, and involving children, young people, parents, families

and carers appropriately

* creating and maintaining an anti-bullying environment and ensuring that we have a

policy and procedure to help us deal effectively with any bullying that does arise

This policy will address the following areas of safeguarding child safeguarding, and protection from sexual exploitation and abuse. These key areas of safeguarding may have different policies and procedures associated with them (see Associated Policies).

Fitnest Childcare commits to addressing safeguarding throughout its work, through the three pillars of prevention, reporting and response.

## Prevention

### Fitnest Childcare responsibilities

Fitnest Childcare will:

* Ensure all staff have access to, are familiar with, and know their responsibilities within this policy
* Design and undertake all its programmes and activities in a way that protects people from any risk of harm that may arise from their coming into contact with Fitnest Childcare. This includes the way in which information about individuals in our programmes is gathered and communciated
* Implement stringent safeguarding procedures when recruiting, managing and deploying staff and associated personnel
* Ensure staff receive training on safeguarding at a level commensurate with their role in the organization
* Follow up on reports of safeguarding concerns promptly and according to due process

### Staff responsibilities

**Child safeguarding**

Fitnest Childcare staff and associated personnel must not:

* Engage in sexual activity with anyone under the age of 18
* Sexually abuse or exploit children
* Subject a child to physical, emotional or psychological abuse, or neglect
* Engage in any commercially exploitative activities with children including child labour or trafficking

**Protection from sexual exploitation and abuse**

FITNEST CHILDCARE staff and associated personnel must not:

* Exchange money, employment, goods or services for sexual activity. This includes any exchange of assistance that is due to beneficiaries of assistance
* Engage in any sexual relationships with beneficiaries of assistance, since they are based on inherently unequal power dynamics

Additionally, FITNEST CHILDCARE staff and associated personnel are obliged to:

* Contribute to creating and maintaining an environment that prevents safeguarding violations and promotes the implementation of the Safeguarding Policy
* Report any concerns or suspicions regarding safeguarding violations by an [FITNEST CHILDCARE] staff member or associated personnel to the appropriate staff member

1. **Related policies and procedures**

This policy statement should be read alongside our organisational policies and procedures, including:

* + Procedures for responding to concerns about a child or young person’s wellbeing
  + Dealing with allegations of abuse against a child or young person
  + Role of the designated safeguarding officer
  + Managing allegations against staff and volunteers
  + Safer recruitment policy and procedures
  + Adult to child supervision ratios
  + Code of conduct for staff and volunteers
  + Anti-bullying policy and procedures
  + Online safety policy and procedures for responding to concerns about online abuse
  + Photography and image sharing guidance
  + Child protection records retention and storage policy
  + Whistleblowing policy
  + Procedures for safeguarding in staff recruitment

## Enabling reports

FITNEST CHILDCARE will ensure that safe, appropriate, accessible means of reporting safeguarding concerns are made available to staff and the communities we work with.

Any staff reporting concerns or complaints through formal whistleblowing channels (or if they request it) will be protected by FITNEST CHILDCARE]s Disclosure of Malpractice in the Workplace (Whistleblowing) Policy.

[FITNEST CHILDCARE] will also accept complaints from external sources such as members of the public, partners and official bodies.

### How to report a safeguarding concern

Staff members who have a complaint or concern relating to safeguarding should report it immediately to their Safeguarding Focal Point [as appropriate] or line manager. If the staff member does not feel comfortable reporting to their Safeguarding Focal Point or line manager (for example if they feel that the report will not be taken seriously, or if that person is implicated in the concern) they may report to any other appropriate staff member. For example, this could be a senior manager or a member of the HR Team.

[Provide contact details]

## Response

FITNEST CHILDCARE will follow up safeguarding reports and concerns according to policy and procedure, and legal and statutory obligations (see Procedures for reporting and response to safeguarding concerns in Associated Policies).

FITNEST CHILDCARE will apply appropriate disciplinary measures to staff found in breach of policy.

FITNEST CHILDCARE will offer support to survivors of harm caused by staff or associated personnel, regardless of whether a formal internal response is carried out (such as an internal investigation). Decisions regarding support will be led by the survivor.

## Confidentiality

It is essential that confidentiality in maintained at all stages of the process when dealing with safeguarding concerns. Information relating to the concern and subsequent case management should be shared on a need to know basis only, and should be kept secure at all times.

### Associated policies

## Glossary of Terms

**Beneficiary of Assistance**

Someone who directly receives goods or services from [FITNEST CHILDCARE]’s programme. Note that misuse of power can also apply to the wider community that the FITNEST CHILDCARE serves, and also can include exploitation by giving the perception of being in a position of power.

**Child**

A person below the age of 18

**Harm**

Psychological, physical and any other infringement of an individual’s rights

**Psychological harm**

Emotional or psychological abuse, including (but not limited to) humiliating and degrading treatment such as bad name calling, constant criticism, belittling, persistent shaming, solitary confinement and isolation

**Protection from Sexual Exploitation and Abuse (PSEA)**

The term used by the humanitarian and development community to refer to the prevention of sexual exploitation and abuse of affected populations by staff or associated personnel. The term derives from the United Nations Secretary General’s Bulletin on Special Measures for Protection from Sexual Exploitation and Abuse (ST/SGB/2003/13)

**Safeguarding**

In the UK, safeguarding means protecting peoples' health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect[[3]](#footnote-3)

In our sector, we understand it to mean protecting people, including children and at risk adults, from harm that arises from coming into contact with our staff or programmes. One donor definition is as follows:

Safeguarding means taking all reasonable steps to prevent harm, particularly sexual exploitation, abuse and harassment from occurring; to protect people, especially vulnerable adults and children, from that harm; and to respond appropriately when harm does occur.

This definition draws from our values and principles and shapes our culture. It pays specific attention to preventing and responding to harm from any potential, actual or attempted abuse of power, trust, or vulnerability, especially for sexual purposes.

Safeguarding applies consistently and without exception across our programmes, partners and staff. It requires proactively identifying, preventing and guarding against all risks of harm, exploitation and abuse and having mature, accountable and transparent systems for response, reporting and learning when risks materialise. Those systems must be survivor-centred and also protect those accused until proven guilty.

Safeguarding puts beneficiaries and affected persons at the centre of all we do.

**Sexual abuse**

The term ‘sexual abuse’ means the actual or threatened physical intrusion of a sexual nature, whether by force or under unequal or coercive conditions.

**Sexual exploitation**

The term ‘sexual exploitation’ means any actual or attempted abuse of a position of vulnerability, differential power, or trust, for sexual purposes, including, but not limited to, profiting monetarily, socially or politically from the sexual exploitation of another. This definition incudes human trafficking and modern slavery.

**Survivor**

The person who has been abused or exploited. The term ‘survivor’ is often used in preference to ‘victim’ as it implies strength, resilience and the capacity to survive, however it is the individual’s choice how they wish to identify themselves.

**At risk adult**

Sometimes also referred to as vulnerable adult. A person who is or may be in need of care by reason of mental or other disability, age or illness; and who is or may be unable to take care of him or herself, or unable to protect him or herself against significant harm or exploitation.

**Contact details**

**Nominated child protection lead :**

**Jade Richards**

Contact@fitnestchildcare.co.uk

**Deputy child protection lead**

Name(s): Phone/email:

**Senior lead for safeguarding and child protection**

Name: Phone/email:

**NSPCC Helpline**

0808 800 5000

We are committed to reviewing our policy and good practice **annually.**This policy was last reviewed on: ..................20/4/2019..................................................................

Signed: ..............J Richards......................................................................  
[this should be signed by the most senior person with responsibility for safeguarding in your organisation, for example the safeguarding lead on your board of trustees].

Date: .................20/4/2019...................................................................

1. Some FITNEST CHILDCAREs are now including workplace bullying and harassment in their safeguarding portfolio, as it relates to harm caused by coming into contact with our staff or programmes. However accompanying procedures for dealing with workplace bullying and harassment are likely to be different, due to legal and statutory differences in handling workplace incidents [↑](#footnote-ref-1)
2. NHS ‘What is Safeguarding? Easy Read’ 2011 [↑](#footnote-ref-2)
3. NHS ‘What is Safeguarding? Easy Read’ 2011 [↑](#footnote-ref-3)